

## **Weekly pattern of Services - changes have been underlined**

\* you will need a pre-booked ticket for services in church – see next page



### **Sunday**

\* 8.30am Sunday School Service/Rise and Shine in Pastoral Centre  
9.30am Holy Communion by Zoom & Confcall until 6<sup>th</sup> September

#### From Sunday 13<sup>th</sup> September

\* 9.30am Holy Communion in church & by Zoom & Zoom-phone.  
*Apologies but Confcall unlikely to be available – please use Zoom-Phone (see over).*

Weekly HC services and monthly Rise & Shine on Youtube too

### **Monday**

5pm Evening Prayer by Zoom and Zoom-phone

### **Tuesday**

10am Gridiron *Please contact Stuart Andrew for details 0121 628 0425*

2pm-3pm Church open for private prayer

5pm Evening Prayer by Zoom and Zoom-phone

### **Wednesday**

10 – 10.45 am Holy Communion by Zoom & Zoom-phone

8.30pm Compline by Conference Call phone only

### **Thursday**

5pm Evening Prayer by Zoom and Zoom-phone

**Saturday** 10-11.30am Church open for private prayer

\* 4.30pm Holy Communion (said) in church ONLY on  
the following dates

22<sup>nd</sup> August, 29<sup>th</sup> August, 5<sup>th</sup> September. See below

### **All day and every day**

Phone a sermon on 0121 270 4690.

The sermon is usually changed by early evening on Sunday and Wednesday

- **How to book for Services in Church and Pastoral Centre**

Tickets are FREE and you can book from the preceding Monday

- via Eventbrite (on-line) The link will be on the notices for the preceding week and the booking site will open 10am Monday and close at 2pm on Saturday
- If you do not have internet access phone **07557 472096**. Theresa Morton, our new Assistant Curate is receiving phone bookings and is available 10am - 4pm.

***The phone line will be closed on Sundays & Fridays and will close at 2pm on Saturdays***

**NONE of how to do the below has changed**

*but when you can use Conference Call is changing*

**How to Phone in via-Zoom (NOT Wednesday Compline)**

1. Enter 141 (to keep your number private)
2. Dial one of these numbers

|               |               |
|---------------|---------------|
| 0203 481 5237 | 0203 481 5240 |
| 0131 460 1196 | 0203 051 2874 |

3. Enter the Meeting ID (without any spaces) then #

|                |               |
|----------------|---------------|
| Sunday         | 845 3303 0134 |
| Wednesday      | 817 9893 3169 |
| Evening Prayer | 899 9216 7638 |

4. When it asks for your personal ID enter #

**How to Conference Call (Compline only from 9<sup>th</sup> September)**

About 5 minutes before the service is due to begin phone

 **01902 693302**

and when asked enter the code **1139** and then say your name.  
It then takes a few moments before you can hear and be heard.

## Pastoral Support

Please **DO** phone one of the ministry team if you are finding this time distressing or want to pray or talk.

Canon Janet Chapman ☎ 0121 477 3111

Theresa Morton ☎ 07557 472096

Fr David Pycock (& Anne Pycock) ☎ 0121 476 3117 07821 151484

Fr John Richards (and Sue Richards) ☎ 0121 603 0801

Janice Wones ☎ 0121 459 7417

**Prayer requests can be sent to [prayer.request.stlaurence@gmail.com](mailto:prayer.request.stlaurence@gmail.com)**  
They will be shared only with the ministry team.

## Northfield Hot Line for Help and Advice

☎ **0333 772 1931** (Now Monday – Friday 10am – 2pm)

Help includes shopping, picking up medication and food parcels as well as advice or if you'd just like a friendly phone-call.

You can also offer to volunteer through this line.

To support the food bank and local community effort contact [h.morris@northfieldcommunity.org](mailto:h.morris@northfieldcommunity.org) to drop off food in person at Northfield Community Partnership office.

For financial donations: <https://www.northfieldcommunity.org/> (top LEFT corner of front page)

## Mental Health

Leaving aside the jocular quiz in the Rector's letter, mental health is an important issue and it is always good to take advice sooner rather than later.

☎ **0121 262 3555** (9am – 11pm)

A helpline for residents of Birmingham & Solihull experiencing difficulties including common issues e.g. stress, sadness, disrupted sleep & anxiety.

## Bereavement Support

CofE Birmingham has set up a dedicated phone-line offering 1-2-1 pastoral support and prayer for **bereaved people** ☎ **0121 426 0405**

You will be asked to leave a message with your name and telephone number. A member of the pastoral care team will call you back as soon as possible - usually within 24 hours.

# Arrangements for Services in Person at St Laurence Church

Worship in Church and the Pastoral Centre needs to be conducted under Government and Church Guidelines in order to make this as safe as possible; **please read the following very carefully.**

**Tickets:** Following guidance from the government and Church of England, we must limit numbers very strictly in order to enable social distancing. For the time being, we will operate a booking system for each service. Details of how to book are above.

If there are no tickets left, please email [theresa.curate@gmail.com](mailto:theresa.curate@gmail.com) (or phone 07557 472096) and you will be given priority the following week. In line with government guidance, all booking details will be retained for 21 days (or for the period of time the government advises) for contact tracing purposes.

**Arrivals:** Please do not attend if you are not well and please Social Distance as you approach being especially careful at the gates. *Late arrivals may not be admitted.* Hand-sanitising will be required on arrival and you will probably be directed to your seat. We will try to seat households together but this may not be possible. Please do not stop to talk to people on your way in or turn and chat once seated (Sorry!)

## What will the service be like?

Holy Communion will be a simple, said service. *We regret that we cannot run Sunday School alongside this service.* In order to minimise transmission of the virus by droplets we are asked to say the responses quietly. There will be no singing. Orders of service are available. Please take it away and bring to future services.

## What about receiving Holy Communion?

The bread and wine will be covered during the consecration.

The president will receive both bread and wine and the congregation will receive bread. The president will distribute bread wearing gloves and a clear plastic face shield. You will be required to sanitise your hands before receiving HC (please bring your own for this bit), stand in a particular place and asked to outstretch your hands to receive bread. We are finding it works well if we keep the bread until back in our seats and we then eat it together. If your mobility is limited communion will be brought to you in the pew.

**Will I be required to wear a mask?** YES – unless exempt.

## What about children?

Tickets will be required including children in pushchairs/prams. In church the ratio of children per adult is 1 per 1 (2 per 1 in the Pastoral Centre.) They must remain very close to their accompanying adult at all times.

**Will toilets be open?** Yes, but access to it will be limited. Children **MUST** be accompanied by the adult they have come with.

## Departing

Under the current guidelines we will need to be quite directional about this and will probably ask you to leave a row at a time and once outside to move away from the church exits and the gates promptly.

Fellowship is an important aspect of our church life; if wanting to talk to others please do so some way from the actual building and maintain social distancing.