

## Prayers at the start of the day

The night has passed, and the day lies open before us; as we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

*A Psalm or Bible passage may be read, and a short time of silence or meditation may follow or think about these verses.*

Trust in the Lord with all your heart; and be not wise in your own sight. In all your ways acknowledge him and he will make straight your paths.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

### Prayers:

Think of the day before you:  
the work you need to do;  
the people you will meet or speak to;  
your own family and friends;  
the difficult or unpleasant tasks you need to do....

## Prayers at the end of the day

The Lord almighty grant us a quiet night and a perfect end. Amen.

*A period of silence for reflection on the past day may be found helpful:*

the blessings the day brought;  
the tasks achieved;  
the difficulties overcome;  
the sins for which we need forgiveness.

### Confession:

Most merciful God, we confess to you, before the whole company of heaven and one another, that we have sinned in thought, word and deed and in what we have failed to do. Forgive us our sins, heal us by your Spirit and raise us to new life in Christ. Amen.

Lord, forgive us and heal us. Amen

*A Psalm or Bible passage may be read, or a time of reflection on passages read earlier in the day*

Into your hands, O Lord, I commend my spirit.  
For you have redeemed me, Lord God of truth.

Pray for God's guidance and strength.

**Lord, in your mercy; hear our prayer.**

Pray for the Church and all Christians:  
for the church of St Laurence;  
our ministry and mission  
and for all the congregation.

**Lord, in your mercy; hear our prayer.**

Pray for the world and its needs,  
our country and the local community  
for all who are ill or in need.

**Lord, in your mercy; hear our prayer.**

### The Lord's Prayer

Almighty and everlasting God,  
we thank you that you have brought us safely  
to the beginning of this day.  
Keep us from falling into sin  
or running into danger,  
order us in all our doings  
and guide us to do always  
what is righteous in your sight;  
through Jesus Christ our Lord. **Amen.**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore. Amen.



### Prayers:

Pray for those who are ill, in need,  
troubled in spirit, in danger or lonely;  
for the safety of those who work through the night;  
for family and friends;  
for all on our hearts this night.

**Lord, in your mercy; hear our prayer.**

Visit this place/home, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in  
peace, and may your blessing be always upon us;  
through Jesus Christ our Lord. Amen.

O God our protector, by whose mercy the world  
turns safely into darkness and returns again to light:  
we give into your hands our unfinished tasks,  
our unsolved problems, and our unfulfilled hopes;  
for you alone are our sure defence and bring us  
lasting peace in Jesus Christ our Lord. Amen.

### The Lord's Prayer

Preserve us, O Lord, while waking,  
and guard us while sleeping, that awake we may  
watch with Christ,  
and asleep we may rest in peace. Amen



