



Community News

The **Community Hotline** continues via Northfield Community Partnership ...

0121 411 2157 (10am – 3pm Monday – Friday)

for help including shopping and picking up medication as well as advice or if you'd just like a friendly phone-call. Also call for face to face appointments or to use a computer in their Hub, 693-695 Bristol Road South, Northfield.

Huge congratulations to Rebecca Debenham, CEO of Northfield Community Partnership, for her **nomination for a Heart of England Community Heroes Award** for the work she has done in Northfield. Very well deserved Rebecca, and thanks to the whole team for their tireless work for our community. <https://www.northfieldcommunity.org/>

Birmingham City Council's **Mobile Household Recycling Centres** (MHRC) make it easier for residents to get rid of surplus items without visiting recycling centres. Items collected include excess black bag rubbish, recycling, bulky items, garden waste and even items suitable for charity resale. The MHRC can not take building materials (rubble, bricks etc), white goods or hazardous materials.

The MHRC will be visiting our area from 7am to midday on the following dates:

- Wednesday 29th September: Beaks Hill Road, Kings Norton
- Friday 1st October: Rea Valley Drive, Northfield/Kings Norton
- Monday 4th October: Lowhill Lane, Longbridge

The **People's Show Choir** is being relaunched on Tuesdays, 7.30-9pm, at the Moseley Community Hub, It is a non-auditioned community choir where it's all about singing for enjoyment, with some great tunes from stage and screen. No need to read sheet music, just a willingness to come and sing! There's the opportunity to be part of a concert with full live orchestra this Christmas, along with recordings for Commonwealth celebrations.

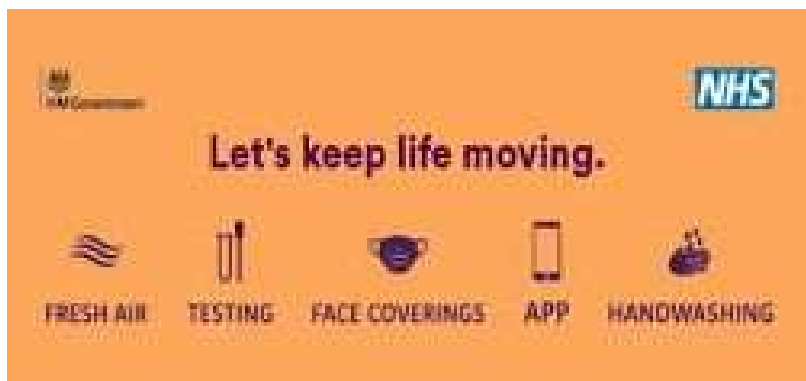
For more information, or to sign up for the free four-week trial, call 0121 569 2616, visit <https://thepeoplesorchestra.com/the-peoples-show-choir-south-birmingham/> or message via <https://m.facebook.com/ThePeoplesShowChoir/>

Do come and see our wonderful **Tapestry Arch** which is still on display in church after its unveiling as part of Northfield Revealed. Pick up a copy of the beautiful booklet which tells the inspiration behind each mini masterpiece, and have a look at this lovely video which shows some of the stitchers admiring their work at the recent display in Northfield Shopping Centre:

https://www.youtube.com/watch?v=Tkxli_rXm68

Eco Tip: We know it's better to pop leftovers in the fridge to use up rather than throwing in the bin, but covering with cling film isn't the most eco-friendly choice. It's usually made of plastic which isn't naturally biodegradable, meaning it sits in landfill releasing harmful chemicals for decades. Which? consumer magazine tested different types of eco-wraps for food (including compostable cling film and recycled foil), and **beeswax wraps** came out on top. They're cost-effective, malleable, durable, keep food fresher for longer, and, after many re-uses, compostable.

Covid



All residents are invited by the Birmingham & Solihull Clinical Improvement Post COVID Rehabilitation Group to an **online event to find out about Long Covid**, the symptoms and treatment available in Birmingham and Solihull. Listen to clinicians and ask questions.

Tuesday 28th September from 5:30pm - 6.30pm

Agenda and Registration:

<https://www.eventbrite.co.uk/e/living-with-long-covid-support-in-birmingham-and-solihull-tickets-168214121967>

The Birmingham City Council Public Health Team has provided the following updates...

- The vaccination programme has started for young people aged 12-15. If you know anyone in this age group, do direct them to the information the Government has made available specifically for them, so they get to know the facts rather than misinformation they may pick up through social media: <https://www.gov.uk/government/publications/covid-19-vaccination-resources-for-children-and-young-people>
- The government has announced the next phase of reopening international travel, which aims to make travelling more simple and straightforward with less testing and lower costs. Changes take place from 4th October. See <https://www.gov.uk/coronavirus> for full details.
- Case rates have dropped slightly as a whole across Birmingham, but remained the same in the 60-79 age group.
- Kings Norton South and Frankley continue to rank in the top ten wards with the highest case rates.
- Walk-in vaccinations for adults are still available at Edgbaston Cricket Ground, for first and second doses.
- Vaccine boosters for adults are now being rolled out, to the same priority groups as previously.
- It is recommended that as many people as possible receive a flu jab to help reduce pressure on the NHS. Contact your GP or local pharmacy.
- The Government's Covid response plan for the autumn and winter can be found at: <https://www.gov.uk/government/publications/covid-19-response-autumn-and-winter-plan-2021>
- Although there is a desire to get back to normal, in addition to having the vaccine we are encouraged to: continue wearing masks in shops, public transport, and other crowded/confined spaces; maintain social distance; ensure good ventilation; wash hands regularly; have lateral flow tests twice a week; and take PCR tests for even mild symptoms.

Let's all do our bit to keep each other safe.